

CLEVELAND COUNTY WELLNESS COMMITTEE MEETING

MINUTES

FRIDAY, MAY 29, 2020

This Regular meeting was conducted per 25 O.S §306 (C) (Signed and enacted March 18, 2020). The meeting took place in the conference room at 122 E Eufaula and through teleconference. To accommodate the public who are observing social distancing, the meeting was made available to the public as a conference call. To join in, they called (346)248-7799. The meeting ID Number was 840 3288 0593, and Password was 110827.

https://us02web.zoom.us/j/84032880593

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 29th day of May 2020 in the conference room at 122 E. Eufaula Street by Chairman Rod Cleveland. Roll was called by Tammy Belinson, County Clerk/Secretary.

Members present: Rod Cleveland, Tammy Belinson, Douglas Warr, John Roberts, Jacob McHughes, Bryan Jenkins, George Mauldin, and Brian Wint.

Michelle Berrios, Member, attended through teleconference.

Those absent were: Carrie Welles, Bryant Rains, and Sherah Curren.

Ex-Officio Members: Linda Atkins, Earl Cox, Tyler Crook, and Jennifer Frank.

County Clerk Tammy Belinson recognized there is a quorum.

After the reading of the minutes of the regular meeting of March 27, 2020, and there being no additions or corrections, Bryan Jenkins moved to approve the minutes. Brian Wint seconded the motion

Ayes have it and the motion is carried.

A. Items of Business:

- 1. George Mauldin updated on the **Weight Loss Challenge for 2020.** He said that Teresa Heard came in 1st place, 27.8 pounds, \$100.00; Pam Howlett, 2nd place, \$65.00; Melinda Duke, 3rd place, 11.4 pounds, \$30.00; Cody Hurt, 1st place, 39 pounds, \$100.00; and Don Helms, 2nd place, \$65.00.
 - A discussion was had to do the awarding on June 1, 2020, during the Board of Cleveland County Commissioners' Meeting.
- 2. No new updates by Alison Vinson, HR, on health and wellness matters for county employees at this time.

- 3. **Brian Wint, Project Manager, reported** on the County Wellness Gym Facility. He said that they are back up and going. They have wipes to keep the machines wiped down. He did not check the counter, but people are starting to use the facilities again. He said that some have asked for kettlebells and a stair climber. The stair climber is not worth it in his opinion and it was discussed that the visa climber functioned much better. He said that everybody knows to clean up after themselves and things are going well in that area.
- 4. George Mauldin, Emergency Management Director, said that he had nothing new to report at this time on **Wellness Committee issues**.
- 5. Concerning the **COVID-19 report**, George Mauldin, Emergency Management Director, stated that things getting better and the number of cases are going down. The virus has not mutated and once a vaccine is available it will be offered to the employees. He said that most vaccines are safe. The City of Norman has moved into Phase 2 and is allowing 25 or less to congregate. There is a return to summer camps and openings of restaurants and bars. He said that Phase 3 will be an incremental increase in numbers. Bryan Jenkins said that the Farmers Market is doing fairly well. A complaint was received because someone sniffed a cantaloupe, and they will have to make "no sniffing zones".

It was discussed that the 4th of July Celebrations are being planned.

George Mauldin said that everything is completely open and added that casual contact does not make you sick.

Rod Cleveland recommended taking Zinc, Vitamin D and Vitamin C to keep the immune system healthy.

- 6. No Employee Health Clinic Update at this time.
- **B.** No new business to present at this time.
- C. No Wellness Committee Members' discussion at this time.
- D. There being no further business to come before the Committee, Tammy Belinson moved that the meeting be adjourned at 9:39 am. Jacob McHughes seconded the motion. The ayes have it and the motion is carried.

(Clerk's Note: Agenda was posted on May 26, 2020, @ 1:55 P.M.)

CLEVELAND COUNTY WELLNESS COMMITTEE CLEVELAND COUNTY, OKLAHOMA

ABSENT
Rod Cleveland, Chairman

ATTEST:

Tammy Belinson, County Clerk

Minutes Prepared by: ___

Deputy County Clerk